

Think Big: The Brain-Gut Connection Selected Resources

Read more about this topic:

[Gut: The Inside Story of Our Body's Most Underrated Organ](#)

by: Giulia Enders

[The Mind-Gut Connection: How the Hidden Conversation Within Our Bodies Impacts Our Mood, Our Choices, and Our Overall Health](#)

by Emeran A. Mayer, MD

[Let Them Eat Dirt: Saving Our Children from an Oversanitized World](#)

by B. Brett Finlay, PhD, and Marie-Claire Arrieta, PhD

Learn more about:

Hotchkiss Brain Institute, Cumming School of Medicine, University of Calgary
hbi.ucalgary.ca

Snyder Institute for Chronic Diseases, Cumming School of Medicine, University of Calgary
snyder.ucalgary.ca

International Microbiome Centre, Cumming School of Medicine, University of Calgary
imc.ucalgary.ca