CARETAKERS OF THE LAND

EDUCATOR PACKAGE FOR GRADES K - 6



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Caretakers of the Land is a virtual series for grade K – 6 classes presented by Calgary Public Library. Sessions feature Elders, Knowledge Keepers, authors, illustrators, performers, and Calgary Public Library staff. These sessions aim to share the diverse perspectives and ways of knowing of First Nations, Métis, and Inuit people living in Alberta, using stories, songs, and Library resources.

Please use this information, inquiry-based activities, suggested booklists, and resources to support your elementary school students' understanding of Indigenous ways of knowing, land, and stories. Online Library resources are available at calgarylibrary.ca/indigenous

Acknowledging The Land

What is a Land Acknowledgment, and why is it important to learn? For Indigenous people, the land is important because it's where their laws, values, and teachings come from. The land is their mother, and she provides plenty to live in harmony with the land, waters, animals, plants, and people. Acknowledging the land helps us remember that this was and is Indigenous land and home. Acknowledging the land is an important part of reconciliation, by building respectful relationships. Guiding values for Land Acknowledgments are humility, respect, and inclusion.

Grades K - 3

Calgary Public Library's Indigenous Services team wrote a Land Acknowledgment for young children that includes actions:

Today we acknowledge our Treaty 7 friends,

The Blackfoot who meet at Elbow's Bend.

Along came the Tsuut'ina from the Beaver Clans,

And the Îethka Stoney Nakoda who live in mountain lands.

Finally, the Otipemisiwak Métis of Districts 5 and 6,

Together we are all Treaty people here in Moh'kinstsis.

To view a video of Charlie the puppet and Henri Giroux sharing why land acknowledgments are important and teaching the children's land acknowledgment, visit: calgarylibrary.ca/childrens-acknowledgment

Grades 4 - 6

Being Canadian means being a treaty person. We are all treaty people. In southern Alberta, our schools, libraries, and homes are on the ancestral territories of the Blackfoot people and home to the Treaty 7 signatories of southern Alberta which includes the Blackfoot Confederacy (Siksikaitsitapi): the Blackfoot First Nations, the Siksika, the Piikani, and the Kainai; the Îethka Stoney Nakoda Nation, consisting of the Chiniki, Bearspaw, and Goodstoney Bands; the Tsuut'ina First Nation; and the historic Northwest Métis, the Otipemisiwak Métis Government, and the people of

Métis Nation Battle River Territory, Nose Hill Métis District 5, and Elbow Métis District 6.

- Moh'kinstsis [Moh-gihn-s-tis] (Blackfoot)
- Guts'ists'i [Goo-tist-see] (Tsuut'ina)
- Wîcîspa [Win-cheese-pah] (Îethka Stoney Nakoda)

Practise saying the Treaty 7 Nations' names:

- Siksika [Six-ih-gah]
- Piikani [Be-gun-knee]
- Kainai [Gah-nah-wah]
- Îethka Stoney Nakoda [Ee-iith-kah Stow-nee Nah-koh-duh]
- Tsuut'ina [Sue-tin-uh]
- Métis [May-tea]

For more information on the Blackfoot language and help on pronouncing the words, visit Calgary Public Library's Land Acknowledgment page at calgarylibrary.ca/land-acknowledgment or the Blackfoot online dictionary at calgarylibrary.ca/blackfoot-dictionary

My Role as Caretaker

Land Acknowledgments recognize and honour the original caretakers of this land that we call home. They remind us of our continued responsibility to be caretakers of the land, its beings, and each other. What does it mean to be a caretaker? How might we honour the land?

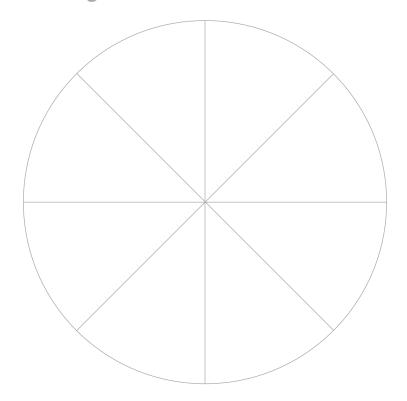
MATERIALS NEEDED

- paper
- pencils and crayons or markers
- ruler (optional) and dinner plate (optional)

ACTIVITY

- 1. Using the plate as a template if needed, draw a big circle on your paper
- 2. Use the ruler, if needed, to divide the circle into eight sections, like a pizza.
- 3. At the top of the page, write the prompt "How might I honour the land I live on?"
- 4. In each section, draw and / or write one thing that shows how you can honour the land such as "planting native plants," "pack in and pack out when hiking," "looking at the stars," or "showing my sister my favorite place."

How might I honour the land I live on?



Land, Water, and Beings

MATERIALS NEEDED

- Yarn and ribbon in shades of blue
- Map of Alberta or southern Alberta (topographical is best), for reference
- Rocks to represent mountains, pinecones to represent trees
- A green or yellow blanket or carpet
- Canadian prairie animal figurines: bison, deer, hares, beaver, etc. (optional)
- Objects to symbolize the impacts of industrialization: toy cars, black ribbon for roads, etc. (optional)

ACTIVITY

- 1. Ask students to sit around the blanket or carpet.
- 2. Ask them to reflect on themselves as babies and themselves today. Invite them to share some things that stayed the same from when they were a baby to now (ie: first name, your caregivers / family, your eye colour). Can you share some things that changed (ie: height, weight, clothes, ability to speak)?
- 3. Ask them to reflect on southern Alberta (Treaty 7 territory) in the same way. Begin with what has stayed the same? What remains from a long time ago before your great-great-grandparents were born?
- 4. Referring to the topographical map, ask students to name the elements of the landscape of this area. (i.e.: prairies, grass, hills, mountains, rivers). Refer to the green or yellow of the carpet as representation of the prairie grasses.
- 5. Referring to the map, ask students to name the main bodies of water of this area. Place one ribbon for the Bow River on the carpet. Invite a child to place a second river for the Elbow River to intersect at the confluence.
- 6. Continue to add elements such as rocks and pinecones for the mountains and forests and a stone for the Big Rock in Okotoks.
- 7. You may wish to have students name and place figurines representing animals who are native to this land. Bison are especially important, and students can imagine that, a long time ago, if all the people who are in Calgary today were bison, that is how many bison

roamed these lands — millions! Ways to say "buffalo" in different Indigenous languages include:

- Inii (Blackfoot)
- Tatanka (Nakoda)
- Hanate (Tsuut'ina)
- 8. You may wish to introduce colonization and discuss the changes to the land when non-Indigenous settlers arrived and when the railway was built. Your class may co-construct the changes to the land overtime, removing animals and adding buildings and objects to symbolize the impacts of industrialization (toy cars, black ribbon for roads, etc.). Invite conversation on what has changed and what has stayed the same, including the changes to Indigenous people and their ways of living and being on this land.

Learning from Language

The words we use reflect the beliefs and culture of the people who originated or started the language. If we look at how Siksikáí'powahsin (Blackfoot language) or nêhiyawêwin (Cree language) words work, we can learn about how Niitsitapi (Blackfoot) and néhiyaw (Cree) look at the world.

In both Siksika and néhiyaw culture, spirit describes the inner being of a life. Like the idea of a soul or personality, it is all the things that make up you and make you alive. Many things have spirit, and we are related to each other through our spirits.

In English, we have pronouns including "he," "she," and "they" that tell us about gender — whether we are talking about a boy or a girl or someone who identifies as non-binary. French has "le" and "la" which tell us whether we are talking about a boy / masculine object or a girl / feminine object.

Siksikáí powahsin and nêhiyawêwin don't have gendered words and pronouns. Instead, their words reflect whether something is animate (alive, with spirit) or inanimate (not alive, doesn't have spirit). You might be surprised by some beings that are considered inanimate in English, but are animate in Siksikáí powahsin and nêhiyawêwin, such as rocks.

If we practice empathy for animate and inanimate beings it can help us to feel compassion, a better understanding of interconnectedness, and a closer connection to the land we live on.

Empathy is being able to imagine, identify, and share the feelings, emotions, or experience of someone else.

Can you think of some animate beings and inanimate beings in your life? How might they think and feel? What would they say?

MATERIALS NEEDED

- Paper
- Pencils
- Crayons, markers (optional)
- Magazines (nature magazines are ideal), scissors, and glue (optional)

- 1. Consider a good memory you have of a place, an object, a person, or animal. You can also look through magazines or research online and in the Library.
- 2. On the paper, draw or cut out and glue images from the magazines of at least one animate and one inanimate being. You may consider the beings from the activity the Seven Sacred Teachings on page 16.
- 3. Practising empathy, what might these objects say, think, and feel about where they are and what they are doing? You can use speech and thought bubbles to write if you wish. You might also consider adding facial expressions, body language, or different colours and textures.

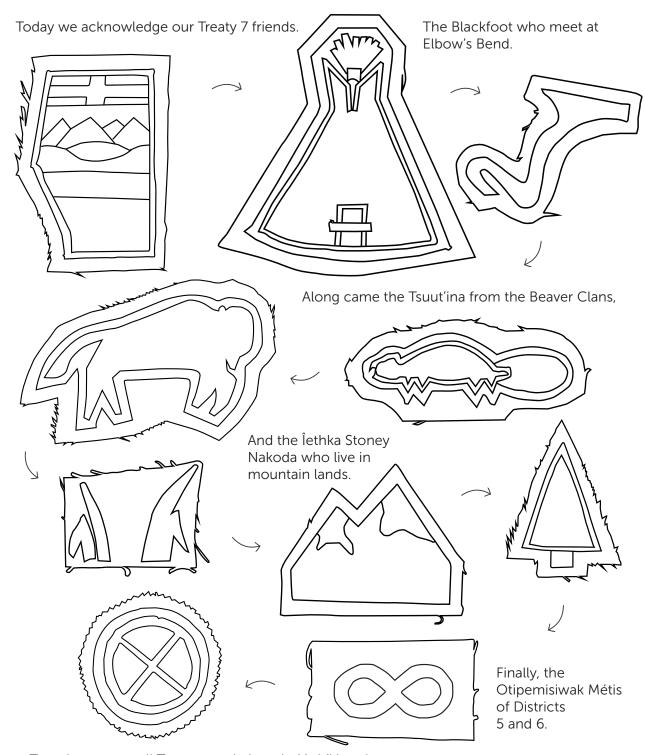
Taking it Further for Older Grades

- 1. Consider the changes to our land before and after colonization. Practising empathy, consider the perspective of one of the following beings:
 - a. the bison
 - b. óóhkotok, the large glacial erratic nicknamed the "Big Rock" in Okotoks
 - c. Mohkin'stitahtaan, the Bow River
- 2. What might the being see, hear, and feel about these changes? How might their experience have changed from the past to the present? What might they say, think, and feel about the future?

Adapted with permission from the activity Listening to the Land designed by nehiyawak and Métis artist Jillian Dolan.

Treaty 7 Land Acknowledgment Colouring Sheet

Each drawing represents part of the land acknowledgment rhyme used at Calgary Public Library. You can watch videos of the land acknowledgment at **calgarylibrary.ca/land-acknowledgment**.



Together we are all Treaty people here in Moh'kinstsis.

TREATY PEOPLE IN TREATY LANDS

ACTIVITY

Body Break

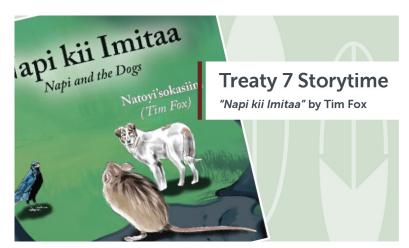
- 1. Bend over and touch your toes. Traditional Blackfoot territory stretches all the way south to the Yellowstone River.
- 2. Stand up and bend your body to the left. Traditional Blackfoot territory stretches east to Manitoba.
- 3. Reach your hands as high as you can. Traditional Blackfoot territory stretches north all the way to the North Saskatchewan River.
- 4. Stand tall and bend your body to the right. Traditional Blackfoot territory stretches all the way west to the Rocky Mountains.

Source: calgarylibrary.ca/body-break

For a map of Alberta with Treaty 6 and 7 and a map of all the treaty lands in Canada, visit calgarylibrary.ca/treaty-maps

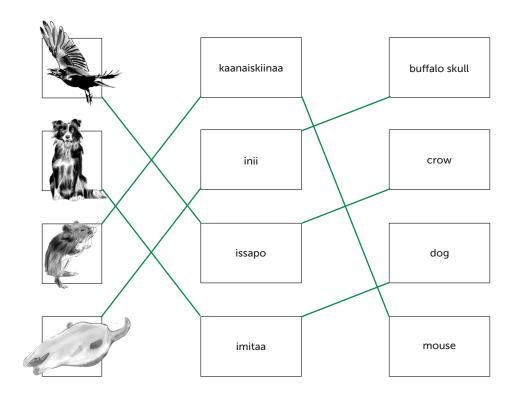


Animals in Blackfoot Language



Enjoy a reading of *Napi kii Imitaa* (*Napi and the Dogs*) by author Tim Fox on the Library's YouTube channel: *Napi Kii Imitaa*: *Napi and the Dogs* | *Treaty 7 Storytime* (*Read Aloud*) calgarylibrary.ca/napi-and-the-dogs

Practise your Siksikáí'powahsin (Blackfoot language) skills by connecting Keegan Starlight's illustrations of the animals from the story with their name in English and in Blackfoot.



WORKSHEET ANSWER KEY



Treaty 7 Storytime

Napi kii Imitaa



kaanaiskiinaa

buffalo skull



<u>=</u>:

crow



issapo

dog



imitaa

mouse

Sharing Circle

Can you be a good listener? Can you create a positive space? Can you speak from the heart, be truthful and caring? Sharing Circles are used in many Indigenous cultures to create a respectful environment for listening to each other. Sharing Circle protocol can be used for any discussion in your classroom and all you need is a space large enough to sit in a circle and an object that can be passed and held easily.

For this activity:

- Sit in a circle.
- Whoever holds the talking object is the only person who can speak.
- Listen when someone else is talking.
- Share how you feel. Use the sentence starter: "I feel _____ when _____ because _____."
- You don't have to share.
- You can say, "I pass."
- We are all equal.
- We all belong.

Some discussion prompts to begin a conversation in the Sharing Circle about treaties, their original intent, and how they are regarded today:

- How do you decide who will be your friend?
- Have you ever broken a promise?
- Has a promise that was made to you ever been broken?
- What does it feel like to be on the receiving end of a broken promise?
- What does it mean to reconcile?
- How can you be a part of Indigenous reconciliation?

To download Sharing Circle protocol classroom posters for various grades, visit calgarylibrary.ca/sharing-circle

LISTENING TO AND REFLECTING ON STORIES

Indigenous cultures traditionally share stories in many ways — orally, through song, in drumming, through dance, with pictographs, through medicine wheels, story robes, and tipi rings. Traditionally, stories are told by Elders as well as community members who have earned the ability and may be called a Storyteller, Knowledge Keeper, or another name. Deep and active listening is required when listening to Indigenous stories.

Listening to oral stories from a culture other than your own can seem intimidating. Indigenous stories, especially told orally, do not always have a clear beginning, middle, and end. They can weave in and out of the natural and spirit world and may seem mysterious or confusing. Listeners may wonder: what if you don't understand the story; what if you don't know how to listen correctly; what if you don't "get it"? The good news is that children have an innate curiosity and, unless told otherwise, are usually excited by oral storytelling and stories in general. Because everyone is unique, and because our experiences are unique, the stories will affect one person differently than they will another. Indigenous stories may affect your students' emotions, thoughts, spirits, and bodies. Stories are meant to trigger reactions, invite reflection, awaken feelings, activate memories, and touch the heart. Allow students to be affected.

Indigenous stories can seem mystical and vivid and are often funny. Repeated and active listening gives students time to process, absorb, and become more and more affected by a piece. A wonderful and mysterious thing about listening as a class is that everybody comes to be affected together; the storyteller and everybody in the listening circle shares in the same experience, each of us in our own unique way.

Audio Recordings of Treaty 7 stories

Blackfoot Language Resource Project, University of Lethbridge (some in Blackfoot, with transcripts, and some in English): calgarylibrary.ca/blackfoot-stories

Traditional Stories (in Blackfoot with transcripts), Glenbow Museum: calgarylibrary.ca/traditional-stories

Tips for Listening to Elders and Knowledge Keepers

- 1. Prior knowledge of stories and culture, and our experience with them, influences how engaged we are by stories. Learning about the story and the storyteller often makes it more impactful. What can you find out about the Elder and their culture in advance?
- 2. Give the Elder time for storytelling and be mindful to not interrupt the Elder who is sharing until they indicate it's OK to speak. This shows the Elder that you respect them and their teachings. We should practise this with everyone.
- 3. Remember that storytelling is often meant to help or teach you, it is not frivolous or strictly entertainment.
- 4. It is up to you to take what you need from a story. Listen to hear. Ask yourself, "What is the story teaching me?"
- 5. There is reciprocity in story, it is not one-sided. The listener may not walk away with a solution, answer, or next steps and may be self-reflective. What did the story show you about your part to play?
- 6. It is OK to close your eyes, to shift your position, to get comfortable. Listening is harder to focus on than watching, especially for children. It is OK for them not to have eyes on the Elder the entire time, but they should show respect by not interrupting. When listening to Elders, "understand the expectation of the transformational change to allow your Elders as eminent scholars that time to transition their spirits to that space. Afford those Elders time for their own transformation mentally, physically, emotionally, to do the work for Creator."— Cindy Provost

Source: Engaging with Elders, A Co-created Story: calgarylibrary.ca/elders-protocol

Watch and Jot

With thanks to Ms. Harvey, Grade 4 teacher at Hugh A. Bennett School, for sharing her graphic organizer with Calgary Public Library. Use it to encourage active listening (and watching) of a *Caretakers of the Land* session, as well as self-assessment, and reflection.

What are you thinking as you listen and watch?

COMMENTS	QUESTIONS (who, what, where, when, why, how)
CONCERNS I am feeling I am worried about	CONNECTIONS I am making a connection to This reminds me of

The Seven Sacred Teachings

"During his journey to the Neshnabék, the messenger came across a child. This child was chosen to be taught by the Seven Grandfathers to live a good life. He was taught the lessons of Love, Respect, Bravery, Truth, Honesty, Humility, and Wisdom. Before departing from the Seven Grandfathers, they told the child, 'Each of these teachings must be used with the rest. To leave out one teaching would be embracing the opposite of what the teaching means.'" – Neshnabék (Anishinaabe) teaching, from hhbp-nsn.gov/

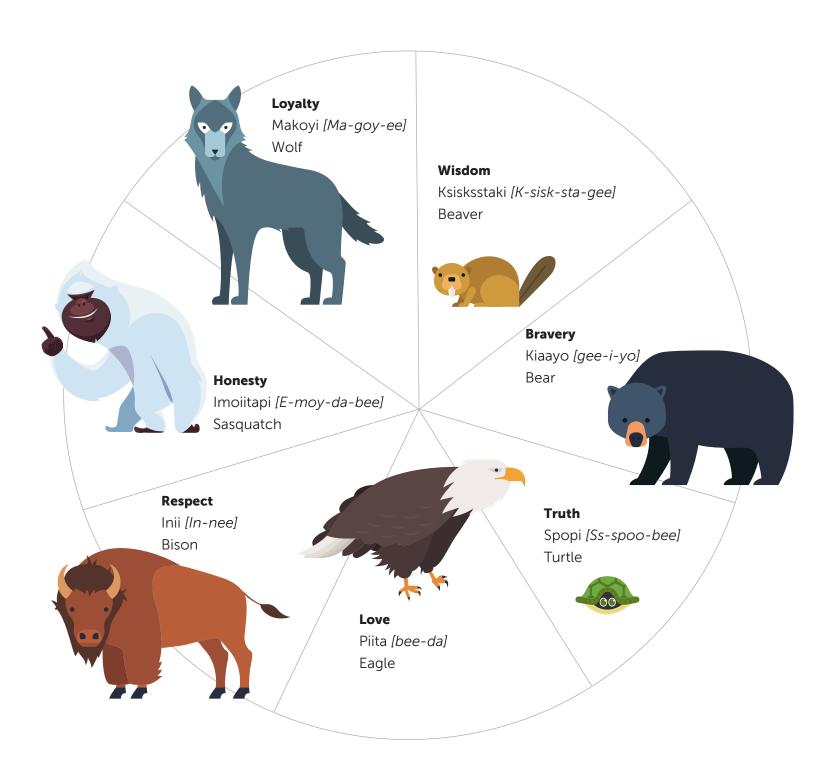
Most First Nations across North America have a version of the Seven Sacred Teachings, also known as the Teachings of the Seven Grandfathers. Each version shares the same concepts of abiding by moral respect for all living things through guiding principles. These principles are all interconnected and so are represented by a circle to show their equal importance and dependency. In Treaty 7, Siksikaitsitapi (Blackfoot Nation) share their Sacred Teachings of human conduct through the stories of Spiritual Beings. Some are unique to Siksikaitsitapi culture, such as Napi (Old Man), Gipitaki (Old Woman), and Sun (Natosi). Other Siksikaitsitapi Spiritual Beings are also in the teachings of other First Nations, including these seven:

- **Loyalty:** Makoyi or Siksikáí powahsin (Piikani dialect) (wolf) [Ma-goy-ee]: Wolves are very social and have excellent communication and strong family ties. In some Siksika creation stories, Wolf joins the moon and Niitsitapi look to the sky, and to Wolf, when they need comfort. "Still today we often see his brothers the Wolf, the coyote and the other dogs crying or howling for him to come home." Early Days Creation Story, Blackfoot Historical Crossing from blackfootcrossing.ca/wordpress/our-culture-2/
- **Wisdom:** Ksisksstaki (beaver) [K-sisk-sta-gee]: The first Spiritual Being to ask A'pistotooki (Creator) why the animals were put on Earth. Beavers cherish knowledge, are methodical, and very deliberate in their choices. They teach people how to harvest and store for winter. They have experiences they pass down to younger generations. Watch author Crystal Manyfingers read her book, Creator and the Seven Animals, Why We Are Here at https://calgarylibrary.ca/crystal-many-fingers
- **Bravery:** Kiaayo (bear) *[gee-i-yo]:* The Bear is strong of mind and body and is a protector. Its courage teaches us to be strong when things are hard, especially when we have inner struggles. The Bear helps us manage challenging emotions like anger and grief.

- **Truth:** Spopi (turtle) [Ss-spoo-bee]: Since the beginning of time the Turtle has not changed, just as the basic truth of the laws of nature have not changed. The Turtle has been able to adapt to change over time without changing itself. It knows the value of the journey and the destination. In many First Nations cultures, including Siksikaitsitapi, Turtle was here during the creation of Earth and is a record keeper, carrying the teachings of life on its back. Its shell has 13 big plates, symbolizing the 13 moons in one year.
- Love: Piita (eagle) [bee-da]: The Eagle represents love because it has the strength to carry all the teachings. The Eagle has the closest relationship to the Creator and flies highest, soaring closer to the Great Spirit than any other animal. The Eagle is said to carry our prayers to the Creator and to bring peace to earth. An Eagle's feather represents our need for deeper understanding of ourselves and one another. Indigenous people hold the Eagle feather in great esteem and consider receiving an Eagle feather to be a powerful gift.
- **Respect:** Innii (bison) [In-nee]: The Bison gives every part of his being to sustain the human way of living. The Bison is central to all aspects of being for the Niitsitapi shelter, clothing, tools, food, medicine, and spiritual life. The Bison respects the balance and needs of others and is highly respected by Niitsitapi. Bison reminds us to respect yourself and you will be respected.
- Honesty: Imoiitapi (sasquatch) [E-moy-da-bee]: meaning "Hairy Man" in Siksikáí powahsin (Blackfoot language) and sometimes called Sabe.
 "The Elders say that when you are honest and have nothing to hide or to be ashamed of, your spirit is the size of the Sabe." Elder Hazel Dixon
 - Elder Hazel shares the Sabe story in this video at calgarylibrary.ca/grandfather-teachings

Descriptions of the seven sacred teachings are adapted from the teachings of Elder Hazel Dixon (Ojibway/Mohawk) and the Royal Saskatchewan Museum at calgarylibrary.ca/elder-hazel, content shared by The Southern First Nations Network of Care at calgarylibrary.ca/seven-teachings, The Alberta SPCA at calgarylibrary.ca/seven-sacred-grandfather-teachings, and Empowering the Spirit at calgarylibrary.ca/seven-grandfathers-teachings.

For a comprehensive FREE eBook on Siksika culture, stories and ways of knowing, download Stories of the Siksika by Blackfoot Historical Crossing at calgarylibrary.ca/stories-of-the-siksika



Use the following discussion questions for self-reflection. You may choose to write in your journal.
Loyalty: Makoyi (Wolf) Who have I formed friendships with that have (or could) become lifelong bonds? How are we loyal to each other?
Wisdom: Ksisksstaki (Beaver) Who in my life are knowledge keepers and how can I learn from them?
Bravery: Kiaayo (Bear) In the past, when was a time that I had to be brave? When I look back on that time, what am I most proud of?
Truth: Spopi (Turtle) Consider the things about you that have changed since you were little, but also the things that have stayed the same. What do you know to be true about who you are? Finish the sentence: "It is true that I am"

Love: Piita (Eagle) What are my unique gifts, knowledge, skills, or abilities? How do they make me feel about myself? How can I share them with others in a loving way?
Respect: Inii (Bison)
How do I know when someone is being respectful? What does respect look like in my home,
classroom, or community life?
Honesty: Imoiitapi / Sabe (Sasquatch)
Who do I rely on for an honest opinion, advice, help, or feedback?

I Hear / I Think / I Wonder

This routine for exploring oral stories can help students make careful observations and thoughtful interpretations and help set the stage for curiousity and inquiry. Ask:

- 1. What do you hear?
- 2. What do you think about that?
- 3. What does it make you wonder?

ACTIVITY

Use this thinking routine, adapted to support active listening, from the Thinking Routines found at calgarylibrary.ca/thinking-routine when you want students to think carefully about why something sounds the way it does or is the way it is.

Ask students to listen to an oral story and to think through the three stems regarding the story, topic, or Indigenous culture the story belongs to. Encourage students to back up their interpretation with reasons.

The routine works best when a student responds by using the three stems together at the same time, i.e., I hear?, I think?, I wonder? However, you may find that students begin by using one stem at a time, and that you need to scaffold each response with a follow-up question for the next stem.

The routine works well in a group discussion but in some cases, you may want to have students carry out the routine individually on paper or in their heads before sharing as a class. Student responses to the routine can be written down and recorded so that a class chart of observations, interpretations, and wonderings are listed for all to see and return to.

I Can Identify the Main Ideas in an Oral Story

With thanks to Ms. Cooper, Grade 4 teacher at Ethel M. Johnson School, for sharing her lesson plan with Calgary Public Library. Use it to encourage active listening of an oral story (and watching of a *Caretakers of the Land* session) and recollection.

As a class, discuss the importance of oral storytelling in Indigenous cultures. After listening to the story, orally retell the story to each other focusing on retelling the main ideas. Invite the students to select their favorite moment in the story or something they felt was significant and represent it using clay or Play-Doh. Use "I can" statements, such as "I can identify identify the main ideas in an oral story" and "I can identify how oral stories represent multiple perspectives of the past."



To take the learning further, the class might research a scientific or cultural perspective of the same or similar story. Discussions can be "compare and contrast" and encourage the idea that there might be more than one perspective.

Looking At Indigenous Art: Ten Times Two and Creative Questions

Indigenous Placemaking at Calgary Public Library is an ongoing initiative that develops traditional and contemporary art to promote understanding of Indigenous peoples and cultures within Treaty 7 territory. You can see the Library locations with Indigenous Placemaking installations at calgarylibrary.ca/indigenous-placemaking

The creation of these works inspires collaboration among artists of all disciplines, backgrounds, and experience levels. Having these pieces permanently installed at Library locations helps to create an inclusive space for sharing and gathering of all Nations and communities to learn and grow together.

Artful Thinking focuses on experiencing and appreciating art, rather than making art. It is a teaching practice developed by Shari Tishman that has two broad goals: help teachers create rich connections between works of art and curricular topics and help teachers use art as a force for developing students' thinking dispositions. You can learn more about this practice at pzartfulthinking.org

The routines in this activity specifically help students slow down and make careful, detailed observations by encouraging them to push beyond first impressions and obvious features. The practice encourages sustained curiosity to help students discover the complexity of an artwork, develop good questions, and to get beyond questions of information to see that something has many dimensions or layers.

This activity is especially useful as a journalling prompt and / or before a writing project because it helps students develop descriptive language.

ACTIVITY

- 1. Visit calgarylibrary.ca/indigenous-placemaking
- 2. Watch the mini documentaries featuring the artists and their pieces from each year of the Placemaking program and / or click on the Library location nearest to your school to learn more about the Placemaking piece installed there. You may even choose to visit it and see it in real life!
- 3. Examine one of the Placemaking installations using the artful thinking routines, Looking Ten Times Two (good for younger grades) and Creative Questions. Use your journal.

Taking it further for Older Grades

What is the difference between cultural appropriation and cultural appreciation in contemporary Indigenous art? Refer to the excellent teacher resource Cultural Appropriation vs Appreciation by the Elementary Teachers Federation' of Ontario: etfofnmi.ca/etfo-fnmi-growth-chart/

Looking Ten Times Two

1. List ten words or short phrases about any aspect of the Placemaking artwork or the artist's story about it.
2. Repeat step 1 and write ten more NEW words or short phrases. You may need look at the artwork again!

Creative Questions

	1. Brainstorm a list of at least ten questions about the artwork. Try these question-starts to help you write interesting questions:
	• Why?
	• What are the reasons? What if?
	• What is the purpose of? How would it be different if? Suppose that?
	What if we knew? What would change if?
with a	iew your brainstormed list and circle the questions that seem most interesting. Discuss it friend or write in your journal. Why is this question the most significant for you? What other ons come up when you ask this question?
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Reflect: What ne	w ideas do yo	ou nave abol					
w that I have lo	oked at the ar	twork and b	een curious	about it, I th	nink…or I w	onder	
w that I have lo	oked at the ar	twork and b	een curious	about it, I th	ninkor I w	onder	
w that I have lo	oked at the ar	twork and b	een curious	about it, I th	ninkor I w	onder	
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TRICKSTERS, SHAPESHIFTERS, AND SPIRITUAL BEINGS

The word trickster is a contemporary word that was created by anthropologists to describe these important beings. The more appropriate word that is commonly used in Blackfoot communities is Spiritual Beings as they have the power to transform and show themselves to the people.

Trickster stories often teach lessons about how to behave and treat other people. Tricksters are smart and they use their knowledge to play tricks or to try and bend the rules. Indigenous people have used trickster stories to teach their children for many years. A trickster often appears as an animal who has human traits — like being able to talk. Many trickster stories feature a coyote or raven because these animals are sometimes considered to be clever creatures. Tricksters can be shapeshifters and move easily between our world and the spirit world and can appear as animals, humans, or even rocks!

"Napi is a Blackfoot character that is central to our stories; he is often referred to as the 'Old Man.' Napi comes from the sun, he is our quasi-Creator, he is crazy, funny, and is sometimes a fool. He also can be brutal and very mean. In many of our stories, Napi is the creator — along with 'Old Woman' — of many of our objects and creatures. Napi is not our god, yet like many divine entities he is credited with the creation of the world and everything in it.

But Napi also gets into a lot of trouble when he starts messing with his own creation; this is why we also refer to Napi as a trickster, a contrary. Napi stories are very familiar in Blackfoot country, often told by Elders who have a history of storytelling and the rights to tell these stories. Napi and his many stories are our guide to life, he teaches us lessons on how to live and not to live. In a way he is our moral guide, giving us insight into our human condition. While Napi Stories are often told by Elders who have been the recipients of these stories from time immemorial, a new generation of Blackfoot artists, actors, and story tellers have started to create new Napi stories. Napi is not static, he is dynamic." — Adrian Stimson, Blackfoot artist

- What are various ways that trickster stories are told across world cultures?
- What makes the stories interesting?
- Are there any common elements in trickster stories across cultures?

Napi Booklist: calgarylibrary.ca/napi-books

Trickster Stories Across Cultures booklist: calgarylibrary.ca/trickster-tales

Building a Shapeshifter

MATERIALS

- Play-Doh or clay for each person
- Tools to make marks in the clay
- Small paper plate

ACTIVITY

- 1. Review animals that are native to southern Alberta.
- 2. Invite students to build one animal out of clay. What characteristics and distinguishing features does the animal have? Feathers? Wings? Tail? Beak? Two or four legs? Fur?
- 3. Each child places their animal on the plate and writes their name on the plate.
- 4. They then pass the plate to a new friend and invite the friend to shape shift their animal into a new and different animal by adjusting the clay. What characteristics will they keep?
- 5. Continue to pass and shape shift the animals as often as you like.

Drawing a Shapeshifter (Exquisite Corpse) for Older Grades

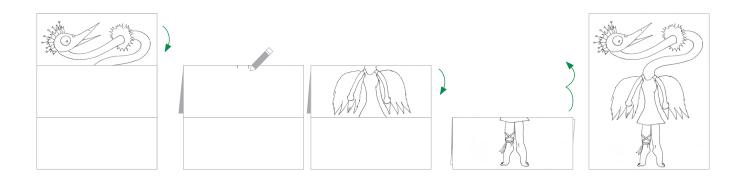
MATERIALS

- One piece of paper per group
- Crayons, markers, and pencils

ACTIVITY

Exquisite Corpse is a game invented and used by surrealist artists such as Frida Kahlo. Participants play by taking turns drawing sections of a body on a sheet of paper, folded to hide each individual contribution. The first player adds a head — then, without knowing what that head looks like, the next artist adds a torso, and so on.

- 1. Take a piece of paper and fold it into four equal parts, like an accordion.
- 2. Draw or collage on the top section of the paper to create the head of an imaginary character. Use whatever materials you have around you.
- 3. Fold your image back to conceal it. Extend the lines of your character's neck over the edge of the fold so that your collaborator will know how to connect their image to yours.
- 4. Pass the paper on to a friend or family member. Keep your image hidden and have them add a body to your figure in the middle section of the page.
- 5. Repeat! Pass the paper to a third person or back to the first, concealing the first two sections of the page, and have them add the legs.
- 6. Then hide that section and pass to a fourth person to add the feet. Remember to draw lines over the fold into each new section so the following person knows where to start.
- 7. Unfold the page and reveal your collaborative image / shapeshifter.



RESOURCES

Niitsitapiisini Teacher Toolkit from the Glenbow Museum (to accompany their excellent online exhibit): calgarylibrary.ca/teacher-toolkit

Four Directions Teaching is an animated narrated interactive site for Grades 5 and up, to help teach about five different First Nations in Canada including the Blackfoot: fourdirectionsteachings.com

Blackfoot Teacher's Guide for Grades 1 – 6 developed by Reg Crowshoe, Geoff Crow Eagle, and Maria Crowshoe: calgarylibrary.ca/four-directions

Stepping Stones is a publication of the Alberta Teachers' Association Walking Together: Education for Reconciliation and is intended to support certified teachers on their learning journey to meet the First Nations, Métis, and Inuit Foundational Knowledge competency in the Teaching Quality Standard: calgarylibrary.ca/stepping-stones

Ten Ideas to Learn More About Treaty 7 and Métis Culture: calgarylibrary.ca/treaty7-cultures

Werklund School of Education Indigenous Education Resources: calgarylibrary.ca/uc-indigenous-ed

Guiding Voices, an Alberta Education curriculum development tool for integrating First Nations, Métis, and Inuit Perspectives through curriculum: calgarylibrary.ca/guiding-voices

Empowering the Spirit is a comprehensive collection of Alberta-based educational resources to support reconciliation: calgarylibrary.ca/empowering-spirit

National Centre for Collaboration Teaching Resource Centre: calgarylibrary.ca/indigenous-teaching

Calgary Public Library Indigenous Services: calgarylibrary.ca/indigenous

Calgary Public Library Services for Educators, Caregivers and Students: calgarylibrary.ca/educators

